

# Newsletter May 2023

Using the school garden as a focus for learning and well being

#### Welcome to the Garden Schools newsletter

#### **Shoebox garden competition 2023**

Win £100 of gardening vouchers for your school!

Our annual shoebox garden competition is now open! To enter the school category award, schools should submit a minimum of **5 gardens -** all gardens will also, automatically, be entered into the individual category.

For more information visit: Shoebox Garden Competition 2023 - ONE SEED FORWARD



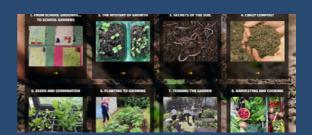
#### This term in the garden

It is time to plant seeds and look after them until they are ready to harvest. Our Garden School materials detail:

- From planting to growing
- Tending to the garden
- Harvesting and Cooking



### **OSF Garden Schools Training programme**



We are delighted that this is now live and FREE for everyone to use. Please visit the programme <u>here</u> and feel free to share with students, teachers, schools and others you think will be interested.

https://www.abdn.ac.uk/education/research/garden-schools-resource

#### **Climate Action Award**

We are looking for schools across the UK to take part in activities that will have a positive impact on the planet and local wildlife. Our FREE starter pack contains:

- an information booklet
- factsheets with practical activities
- seeds to sow to get your school into action.

Complete at least 50% of the suggested activities to qualify for a unique certificate of achievement and a place on our Climate Action Award Tree of Honour.



Email us to get your free starter pack: oneseedforward@gmail.com



#### Instagram

We now have a Garden Schools Instagram! Check it out and follow us by scanning the QR code below, or clicking on the link:

www.instagram.com/osfgar denschools/



#### **Garden School Awards**

Did you know that you can earn gardening vouchers and certificates for your school on achieving the various stages of our programme?

Our <u>Garden Schools Framework</u> shows what needs to be done to achieve success at each stage. You then just need to send us an email at oneseedforward@gmail.com with some photos to declare and claim your Stage reward!



Congratulations...

... to Mortimer
Community College,
South Shields on achieving
Stage 3 of the Garden
Schools programme!

#### New to Garden Schools? Find out more:



Watch our introductory film



Read our leaflet



Visit our website



# SHOEBOX GARDEN COMPETITION



We are launching this year's Shoebox Garden competition and we want everyone to take part!

We would like children aged 16 or under to individually create a garden in a shoebox. You can be as creative as you like, you can build it around a theme - rock garden, bee friendly, herb garden, sensory, whatever you like!

It's all about getting growing!

The overall individual winner will receive gardening vouchers worth £50.

with £20 of gardening vouchers for the runners-up

The best overall school will receive gardening vouchers worth £100



#### **Rules:**

- open to children aged 16 or under on Friday June 30, 2023
- each garden must contain at least one edible plant
- a photo of the shoebox garden should be posted onto either:
  - our <u>One Seed Forward Facebook page</u>
  - our OSF Garden Schools Facebook page
  - or emailed to oneseedforward@gmail.com
- you agree that we can post photos of the garden or any children shown onto our
  websites, social media pages or use these for any educational purposes. Please get
  permission from an adult if you are under 16 and included in the photo and provide this
  when submitting your entry.
- entries close at **midnight on Friday June 30, 2023** with the winners announced by July 6, 2023
- to qualify for the overall school award, a minimum of 5 gardens should be entered from a school. All entries will automatically be included for the overall individual prizes.

We had a great response last year so please encourage people to take part and share the fun of growing!

## Here are entries from 2022 to inspire you. Good luck!

